

GIRLS MAKING A DIFFERENCE – ACTIVITIES

Age Range: All

Global Get Togethers

Using food prepared at home or at your meeting, celebrate the lives of your sisters around the world.

Find out about festival traditions from other countries that are based around food. Compare them with your own family's food traditions.

How are they similar and how are they different?

Age Range: All

Alternative Fashion

Using old clothes and jewellery from home or Op Shops, remnants of left over fabrics, in fact using anything you can find, hold an Alternative Fashion Parade. Have different categories e.g. eco-friendly, retro, cash and carry, party time etc.

Invite friends or family to be your models. Invite "special guests" view your catwalk creations.

Age Range: 12-14, 14-17 years

Emergency on Planet Earth

What really makes you angry? Think about an issue that you feel passionate about. It could be a local cause or a worldwide problem e.g. make-up tested on animals, human rights violations, environmental abuse, poverty and hunger, violence against women, mental health issues for young people.

Don't just get angry – get active.

Find out what the government is doing about your cause. Write to your local MP about how you feel.

Plan a Flash Mob to draw public attention to your cause. Get your friends together to help. Remember, flash mobs work best when they are a surprise – don't give it away too soon!

Make posters and display them locally – remember to ask permission before you put them up.

Write a petition and get people to sign it then send it to Parliament House.

Age Range: All

Search for the Hero Inside Yourself

For younger girls this activity will need to be Leader directed and the use of drawing rather than writing may be appropriate. You may choose to have pictures of "heroes" to talk about.

For older girls Leaders should simply present the background material and statements to promote discussion rather than give the examples.

Background: Everyone has a role model – someone they respect for being courageous, caring, creative or in control. It could be a movie star, a pop singer, your Mum or your best friend. So long as they inspire you to achieve more and be the best person you can be they are a role model but are they a hero?

Activity: Discuss with your Patrol or Unit what makes a real hero.

Think about the girls and women you respect and look up to. Write down the name (or draw a picture) of one public person you respect, one private role model and one fictitious (pretend) hero from a movie, TV show, comic or book and share with your group why they inspire you.

Think of three characteristics that each has and discuss how you could achieve that in your own life.

Ask yourself: Do heroes need to be "real" people? Can they be a cartoon character and still inspire you enough to be a hero?